

Additional Information

How many sessions are participants entitled to?

Total of five (5) sessions for each employee and immediate family members under the same household per fiscal year (Sept 1- Aug 31).

How is the referral process done?

Self-refer by calling for an appointment.

Is there a fee for the services?

Up to five (5) EAP sessions are provided per household per fiscal year at no cost to the individual.

Are these services offered in other languages?

Services are offered in English and Spanish



EMPLOYEE ASSISTANCE PROGRAM

Caring and Confidential

For appointments call:
(915) 215-6256

Services are provided by:
Department of Psychiatry
Alameda Ave. El Paso, TX 79905
(Located in the basement of the El Paso Psychiatric Center)

Office Hours: M-F 8:00 a.m. to 5:00 p.m.

To expedite entry to the center, identification badge should be evident



Are you or a family member experiencing any of the followings?

- ✓ Stress
- ✓ Workplace conflicts
- ✓ Problems at school
- ✓ Anxiety
- ✓ Depressed mood
- ✓ Anger control
- ✓ Marital/relationship difficulties
- ✓ Grief and loss
- ✓ Parenting difficulties
- ✓ Aging parents



What is the Employee Assistance Program (EAP)?

TTUHSCEP recognizes that personal problems can have a direct and adverse impact on an individual's job performance.

Confidential, on-site counseling services are offered to full-time, part-time, and temporary employees, as well as their immediate family members living in their households.

Intended to help with a variety of personal issues, including relational, family, cognitive, emotional, and behavioral concerns.

What services are not included?

- Counseling for alcohol/drug abuse or addiction
- Legal advice
- Financial services

How does the program work?

The participant will receive up to five (5) psychotherapy services free of charge.

If further intervention is recommended by the clinician, resources will be provided.

Cost of counseling or treatment beyond the five (5) EAP sessions are the responsibility of the individual.



What happens if the participant requires medication?

The participant is referred to a physician on their insurance panel or to a physician in the TTUHSCEP Department of Psychiatry, based on the participant's preference.



Are EAP services confidential?

In the EAP, we respect patients' privacy. EAP records do not become part of personal records.

In matters where disclosure is not required by law, confidential information will not be released without the participant's written authorization.