



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER



4<sup>th</sup> Annual

# Obstetrics & Gynecology Symposium

April 24 & 25, 2009



THOMASON

Jointly sponsored by Texas Tech Health Sciences Center Paul L. Foster School of Medicine, Department of Obstetrics and Gynecology, the Office of Continuing Medical Education and Thomason Hospital Nursing Support Services.

# PROGRAM

## FRIDAY, APRIL 24, 2009

7:15 a.m. - 7:45 a.m.

**Registration**

Continental Breakfast

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7:45 a.m. - 8:00 a.m.

**Welcome and Announcements**

Bahij Nuwayhid, MD, PhD, Professor and Chair  
Texas Tech University Health Sciences Center  
Paul L. Foster School of Medicine

J. Manuel De La Rosa, MD, Founding Dean  
Texas Tech University Health Sciences Center  
Paul L. Foster School of Medicine

James N. Valenti  
President and CEO  
El Paso County Hospital District

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8:00 a.m. - 9:00 a.m.

**Prenatal Diagnosis: The Next Generation**

Mark Evans, MD, Mt. Sinai School of Medicine

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9:00 a.m. - 10:00 a.m.

**Drug Therapy for Overactive Bladder: What to Use and Why**

Donald R. Ostergard, MD, University of California, Irvine

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10:00 a.m. - 10:30 a.m.

**Break**

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10:30 a.m. - 11:30 a.m.

**Pregnancy and Pre-Eclampsia: Barometers for a Later Life Health**

Roberta Ness, MD, MPH, UTHSC - Houston

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11:30 p.m. - 1:00 p.m.

**Lunch**

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1:00 p.m. - 2:00 p.m.

**Newborn Encephalopathy: When Do You Need a Cool Head**

Abbot R. Laptook, MD, Women and Infants Hospital of Rhode Island

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2:00 p.m. - 3:00 p.m.

**Polycystic Ovary Syndrome: A Poly-dimensional Condition**

J. Ricardo Loret de Mola, MD, Southern Illinois University School of Medicine

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3:00 p.m. - 3:30 p.m.

**Break**

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3:30 p.m. - 4:30 p.m.

**Prolapse Surgery: How to Handle Innovations**

Donald R. Ostergard, MD, University of California, Irvine

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4:30 p.m. - 4:45 p.m.

**Evaluation/Adjournment**

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# PROGRAM

SATURDAY, APRIL 25, 2009

7:30 a.m. - 8:00 a.m. Continental Breakfast

8:00 a.m. - 9:00 a.m. \***Patient Choice Cesarean: The Role of Evidence and Ethics**  
Frank A. Chervenak, MD, NYPH - Weill Cornell Medical College

8:00 a.m. - 9:00 a.m. **Sexuality and Mature Age**  
Marjaneh Fooladi, PhD, RN  
Clinical Associates Professor, School of Nursing, UTEP

9:00 a.m. - 10:00 a.m. **Gestational Diabetes: Thinking Outside the Box**  
V. Daniel Castracane, PhD, Texas Tech University Health Sciences Center

9:00 a.m. - 10:00 a.m. **Breast Health: Thinking Outside the Box**  
Chandice Y. Covington, PhD, RN  
Texas Tech University Health Sciences Center  
Anita Thigpen Perry School of Nursing

10:00 a.m. - 10:30 a.m. Break

10:30 a.m. - 12:00 a.m. \***Ethical Dimensions of the Fetus as a Patient (Panel Discussion)**  
Frank A. Chervenak, MD  
Chandice Y. Covington, PhD, RN  
Thomas Francis McGovern, Ed.D  
Abbot R. Laptook, MD

12:00 p.m. - 12:15 p.m. Evaluation/Adjournment

Concurrent Sessions

\* Denotes ethics and professional responsibility credit for physicians.

Disclosure Statements have been requested from the invited speakers and planning committee members and will be presented at the program.

# TARGET AUDIENCE

The 4th Annual Obstetrics and Gynecology Symposium has been designed for physicians, physicians assistants, certified nurse midwives, nurse practitioners, nurses, other health care professionals and medical and nursing students who face ever increasing challenges in El Paso, Texas and the border.

# CONCEPT

Focus will be in the clinical diagnoses, treatment options, and new technologies involved in obstetrics, gynecology and neonatology.

# OBJECTIVES

Upon the completion of this activity the participants should be able to:

1. Evaluate current challenges and treatment plans in prenatal diagnosis in women's health.
2. Discuss diagnosis and treatment plans for gynecologic procedures for women with overactive bladder conditions utilizing evidence-based practice.
3. Discuss the assessment and management of complex women's health issues, including the importance of reproductive history and correlation to later maternal cardiovascular risk.
4. Relate diagnoses, treatment and care of neonates with encephalopathy.
5. Analyze the evaluation & management of endocrine disorders and infertility in women's healthcare.
6. Analyze innovations and challenges in prolapse surgery in healthcare today.
7. Discuss evidence based practice and ethics in patient choice for cesarean section delivery.
8. Discuss key principles in sexuality and mature age in providing care to women.
9. Employ clinical findings and current practice in treatment and diagnosis of gestational diabetes management.
10. Analyze current breast health practices in providing preventive measures for women's health.
11. Evaluate ethical aspects of fetal care in today's healthcare arena.

# CONFERENCE INFORMATION

If you have any questions regarding this conference, please contact Yvette Quintana-Chavez, Texas Tech University Health Sciences Center Paul L. Foster School of Medicine Department of Obstetrics and Gynecology (915) 545-6710 or [yvette.quintanachavez@ttuhsc.edu](mailto:yvette.quintanachavez@ttuhsc.edu). Additional copies of this brochure may be printed from the CME web site at [www.ttuhsc.edu/cme](http://www.ttuhsc.edu/cme).

Conference dress is casual and each attendee is encouraged to bring a sweater or jacket for comfort during the meeting.



Persons with disabilities who may need auxiliary aid or service must submit a written request to the Texas Tech University Health Sciences Center Paul L. Foster School of Medicine Department of Obstetrics and Gynecology, so that appropriate arrangements, if any, can be made. If a written request is not received at least one week prior to the program date, individuals are responsible for hiring and paying for their own auxiliary aid or service.

Texas Tech University Health Sciences Center reserves the right to cancel this conference or make speaker substitutions in the event of unforeseen extenuating circumstances.

# PRE-REGISTRATION

To pre-register, please mail the attached conference registration form with your payment no later than **April 10, 2009**. Written notification of registration cancellation must be received in the Department of OB/GYN by **April 10, 2009** to obtain a refund less a \$25.00 administrative fee. Thereafter, no refunds will be made.

# ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Texas Tech University Health Sciences Center and Thomason Hospital. Texas Tech University Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. Texas Tech University Health Sciences Center takes responsibility for the content, quality, and scientific integrity of this CME activity.

## Credit Designation

Texas Tech University Health Sciences Center Office of Continuing Medical Education designates this educational activity for a maximum of 9.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Texas Tech University Health Sciences Center Office of Continuing Medical Education presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

## Nurse Accreditation and Credit

Thomason Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This course has been approved for 9.9 contact hours. In order to receive credit for the program, nurses must arrive on time, remain for the entire program, and complete an evaluation form.

A display of commercial products on the conference does not imply endorsement or approval of the product/service by the American Nurses Credentialing Center (ANCC), the Texas Nurses Association (TNA), or Thomason Hospital.

## Ethics Credit

The following lectures have been reviewed by the TTUHSC Office of CME and meets the requirement of the Texas Medical Board for CME in Ethics and Professional Responsibility:

- **Patient Choice Cesarean: The Role of Evidence and Ethics**
- **Ethical Dimensions of the Fetus as a Patient**

# ACKNOWLEDGEMENTS

The program planning committee wishes to acknowledge the support of this conference by the below exhibitors. However Texas Tech University Health Sciences Center and the Department of Obstetrics and Gynecology do not imply endorsement of any commercial products. A list of all grants and exhibits will be included in the conference syllabus provided to each attendee.

**Philips Healthcare**  
**US Army Healthcare**

A display of commercial products at the conference does not imply endorsement or approval of the product/service by the American Nurses Credentialing Center (ANCC), the Texas Nurses Association (TNA), or Thomason Hospital.

# GUEST FACULTY

Frank A. Chervenak, MD  
Given Foundation Professor and Chairman  
Department of Obstetrics and Gynecology  
New York Presbyterian Hospital  
New York, NY

Mark Evans, MD  
Professor  
Department of Obstetrics and Gynecology  
Mt. Sinai School of Medicine  
New York, NY

Marjaneh Fooladi, PhD, RN  
Clinical Associate Professor  
The University of Texas at El Paso School of Nursing  
El Paso, TX

Abbot R. Laptook, MD  
Department of Pediatrics  
Women & Infants Hospital of Rhode Island  
Providence, Rhode Island

J. Ricardo Loret de Mola, MD  
Associate Professor and Chair  
Southern Illinois University  
Springfield, Illinois

Roberta Ness, MD, MPH  
Dean of School of Public Health  
The University of Texas Health Science Center at Houston  
Houston, TX

Donald R. Ostergard, MD  
Professor of Obstetrics and Gynecology  
Director of Urogynecology & Pelvic Reconstruction Surgery  
University of California, Irvine  
Long Beach, California

# TTUHSC FACULTY

V. Daniel Castracane, PhD  
Professor, Director of Research  
Department of Obstetrics and Gynecology  
Texas Tech University Health Sciences Center  
Odessa, TX

Chandice Y. Covington, PhD, RN  
Professor  
Anita Thigpen Perry School of Nursing  
Texas Tech University Health Sciences Center  
Lubbock, TX

Thomas Francis McGovern, EdD  
Professor of Neuropsychiatry  
Department of Neuropsychiatry  
Texas Tech University Health Sciences Center  
Lubbock, TX

Bahij Nuwayhid, MD, PhD  
Professor and Chair  
Department of Obstetrics and Gynecology  
Texas Tech University Health Sciences Center  
Paul L. Foster School of Medicine  
El Paso, TX

# REGISTRATION

PLEASE detach this card, include your payment and mail to: **Texas Tech University Health Sciences Center Paul L. Foster School of Medicine**, Attn: Department of OB/GYN, 4800 Alberta, El Paso, Texas 79905. You may also fax registration form to 915-545-6946.

Make checks payable to: **Texas Tech University Health Sciences Center Paul L. Foster School of Medicine**. Amount enclosed \$ \_\_\_\_\_

Academic Degree(s)/Discipline:

- Physicians  Residents  Allied Health  Other – Please specify  
 Nursing Credential \_\_\_\_\_  Day 1  Day 2  Both Days

Saturday Concurrent Sessions Registration. Please check the session you will be attending

- 8:00 a.m. – 9:00 a.m. **The Role of Evidence and Ethics (Medical)**  
 8:00 a.m. – 9:00 a.m. **Sexuality and Mature Age (Nursing)**  
 9:00 a.m. – 10:00 a.m. **Gestational Diabetes: Thinking Outside the Box (Medical)**  
 9:00 a.m. – 10:00 a.m. **Breast Health: Thinking Outside the Box (Nursing)**

Please Print or Type

Last Name		First Name	MI
Highest Degree		Name Badge Preference	
Specialty	Telephone		
E-mail Address			
Facility in which you practice	Title or TTUHSC Faculty, Resident		County
Street Address			
City/State/Zip Code			

*(Registration fee includes materials, breakfast, lunch and snacks on day 1, breakfast and snack on day 2)*

Cancellations: Written notification of registration cancellation must be received in the Department of OB/GYN by April 17, 2009 in order to obtain a refund less a \$25.00 administration fee; thereafter no refund will be made.

- |   |                                   |                                  |
|---|-----------------------------------|----------------------------------|
| Physicians, Physician Assistants<br>and Nurse Practitioners | Nursing                           | Residents & Students             |
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Department of Obstetrics & Gynecology  
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El Paso, Texas 79905

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