



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER™



# 5<sup>th</sup> Annual Obstetrics & Gynecology Symposium

April 30 & May 1, 2010

Carlos M. Ramirez TechH2O Learning Center  
10751 Montana Avenue • El Paso, Texas



UNIVERSITY  
MEDICAL CENTER  
OF EL PASO

Jointly sponsored by Texas Tech University Health Sciences Center  
Paul L. Foster School of Medicine, Department of Obstetrics and  
Gynecology, the Office of Continuing Medical Education and  
University Medical Center of El Paso Nursing Support Services.

# TARGET AUDIENCE

The 5th Annual Obstetrics and Gynecology Symposium has been designed for physicians, physician assistants, nurse practitioners, certified nurse midwives, nurses, other health care professionals and medical and nursing students who face ever increasing challenges in El Paso, Texas and the US/Mexico border.

# CONCEPT

Focus will be on the clinical diagnoses, treatment options, and new technologies involved in obstetrics, gynecology and neonatology.

# OBJECTIVES

Upon the completion of this activity the participants should be able to:

1. Discuss the complexities of the health care system in the US and its effect on women's and children's health.
2. Evaluate current maternal mortality in the US incorporating morbid factors that affect mortality and how health care providers can ameliorate some of these conditions.
3. Analyze the pitfalls and safeguards needed for elective inductions and its effect on neonatal morbidity/mortality.
4. Discuss diagnosis, treatment of pregnant women with H1N1 utilizing evidence-based medicine.
5. Assimilate diagnoses, treatment and care of neonates with nutritional challenges.
6. Analyze innovations and challenges in obstetric anesthesia including spinal epidural blocks in providing obstetric care.
7. Analyze the frequency and underlying causes of maternal mortality in rural and urban settings.
8. Discuss key role principals of the Certified Nurse Midwife in providing care to women.
9. Assess and evaluate current practices in physician-patient communication and their importance to improved patient care.
10. Analyze current minimally invasive surgical procedures in Gynecology and Urogynecology in providing preventive measures for women's health.
11. Expand and describe the impact of uterine fibroids on reproductive failure and related indications for removing them.
12. Identify current women's health research initiatives and how they translate to the delivery of care in El Paso.

# CONFERENCE INFORMATION

If you have any questions regarding this conference, please contact Roberto Martinez, Texas Tech University Health Sciences Center Paul L. Foster School of Medicine, Department of Obstetrics and Gynecology (915) 545-6710 or [roberto.martinez@ttuhsc.edu](mailto:roberto.martinez@ttuhsc.edu). Additional copies of this brochure may be printed from the CME web site at [www.ttuhsc.edu/cme](http://www.ttuhsc.edu/cme).

Conference dress is casual and each attendee is encouraged to bring a sweater or jacket for comfort during the meeting.



Persons with disabilities who may need auxiliary aid or service must submit a written request to the Texas Tech University Health Sciences Center Paul L. Foster School of Medicine, Department of Obstetrics and Gynecology, so that appropriate arrangements, if any, can be made. If a written request is not received at least one week prior to the program date, individuals are responsible for hiring and paying for their own auxiliary aid or service.

Texas Tech University Health Sciences Center reserves the right to cancel this conference or make speaker substitutions in the event of unforeseen extenuating circumstances.

# PRE-REGISTRATION

To pre-register, please mail the attached conference registration form with your payment no later than **April 16, 2010**. Written notification of registration cancellation must be received in the Department of OB/GYN by **April 23, 2010** to obtain a refund less a \$25.00 administrative fee. Thereafter, no refunds will be made.

# ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Texas Tech University Health Sciences Center and University Medical Center of El Paso. Texas Tech University Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. Texas Tech University Health Sciences Center takes responsibility for the content, quality, and scientific integrity of this CME activity.

## Credit Designation

Texas Tech University Health Sciences Center Office of Continuing Medical Education designates this educational activity for a maximum of 12 *AMA* PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Texas Tech University Health Sciences Center Office of Continuing Medical Education presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

## Nurse Accreditation and Credit

University Medical Center of El Paso is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This course has been approved for up to 12 contact hours for both days; day 1- 8.25 contact hours and day 2- 3.75 contact hours. In order to receive credit for the program, nurses must complete an evaluation.

A display of commercial products at the conference does not imply endorsement or approval of the product/service by the American Nurses Credentialing Center (ANCC), the Texas Nurses Association (TNA), or University Medical Center of El Paso.

# ACKNOWLEDGEMENTS

The program planning committee wishes to acknowledge the support of this conference through educational grants and exhibits; however this does not imply that Texas Tech University Health Sciences Center, Department of Obstetrics and Gynecology, endorses any commercial products. A list of exhibitors and grantors will be included in the conference syllabus provided to each attendee.

A display of commercial product at the conference does not imply endorsement or approval of the product/service by the American Nurses Credentialing Center (ANCC), the Texas Nurses Association (TNA), or University Medical Center of El Paso. The program planning committee wish to acknowledge the following exhibitors who are confirmed at the time of publication for the purchase of exhibit space in support of this conference.

**Duramed**

# GUEST FACULTY

Mary C. Brucker, CNM, PhD, FACNM  
Associate Dean and Professor  
Louise Herrington School of Nursing, Baylor University  
Dallas, TX

William M. Callaghan, MD, MPH  
Acting Chief and Senior Scientist  
Maternal and Infant Health Branch  
Centers for Disease Control and Prevention  
Atlanta, GA

Lony Christine Castro, MD  
Chair and Professor  
Department of Obstetrics and Gynecology  
Western University of Health Sciences  
Pomona, CA

Luis Escobedo, MD, MPH  
Regional Medical Director  
Texas Department of State Health Services  
El Paso, TX

Vipul N. Mankad, MD  
President and Chief Executive Officer  
Qualitas Healthcare Solutions, Inc.  
Oakland, CA

John E. Nichols, Jr., MD, FACOG  
Medical Director  
Piedmont Reproductive Endocrinology  
Group  
Greenville, SC

# TTUHSC FACULTY

Richard W. Farnam, MD  
Clinical Assistant Professor  
Department of Obstetrics and Gynecology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Krzysztof M. Kuczkowski, MD  
Professor of Anesthesiology and Obstetrics and  
Gynecology  
Vice-Chair of Academic Affairs  
Chief of Obstetric Anesthesiology Services  
Department of Anesthesiology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Zuber Mulla, PhD, CPH, FAAAAI  
Associate Professor and Director of Epidemiology  
Research  
Department of Obstetrics and Gynecology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Mubariz Naqvi, MD  
Professor of Pediatrics  
Department of Pediatrics  
Texas Tech University Health Sciences Center  
Amarillo, TX

Mario Nutis, MD  
Assistant Professor  
Department of Obstetrics and Gynecology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Bahij Nuwayhid, MD, PhD  
Chair and Professor  
Department of Obstetrics and Gynecology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Sonia Abril Rebeles, MD  
Assistant Professor and Associate Residency  
Program Director  
Director of Minimally Invasive Surgery Lab  
Department of Obstetrics and Gynecology  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

Gary L. Simpson, MD, PhD, MPH, MS  
College Master  
Department of Medical Education  
Professor of Medicine and Infectious Disease  
Department of Internal Medicine  
Paul L. Foster School of Medicine  
Texas Tech University Health Sciences Center  
El Paso, TX

# REGISTRATION

Please Print or Type

Last Name	First Name	MI
Highest Degree		Name Badge Preference
Specialty	Telephone	
E-mail Address		
Facility in which you practice	Title or TTUHSC Faculty, Resident	County
Street Address		
City/State/Zip Code		

*(Registration fee includes materials, breakfast, lunch and snacks on day 1, breakfast and snack on day 2)*

PLEASE detach this card, include your payment and mail to: **Texas Tech University Health Sciences Center Paul L. Foster School of Medicine**, Attn: Department of OB/GYN, 4801 Alberta, El Paso, Texas 79905. You may also fax registration form to 915-545-6946.

Make checks payable to: **Texas Tech University Health Sciences Center Paul L. Foster School of Medicine**. Amount enclosed \$ \_\_\_\_\_

Academic Degree(s)/Discipline:

- Physicians    Residents    Allied Health    Other – Please specify  
 Nursing Credential \_\_\_\_\_    Day 1    Day 2    Both Days

Cancellations: Written notification of registration cancellation must be received in the Department of OB/GYN by April 23, 2010 in order to obtain a refund less a \$25.00 administration fee; thereafter no refund will be made.

- |                                  |                                |   |                               |
|----------------------------------|--------------------------------|---|-------------------------------|
| Physicians, Physician Assistants | International Providers        | Advance Practice Nursing/Nurses                   | Residents & Students          |
| <input type="checkbox"/> \$275   | <input type="checkbox"/> \$100 | <input type="checkbox"/> \$100 Early Registration | <input type="checkbox"/> \$50 |

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Check# _____ Credit Card _____	Confirmation Sent _____
Cancellation Date ____ / ____ / ____	Refund \$ _____

# PROGRAM

## FRIDAY, APRIL 30, 2010

- 7:15 a.m. - 7:45 a.m.**      **Registration**  
Continental Breakfast
- 
- 7:45 a.m. - 8:00 a.m.**      **Welcome and Announcements**  
Bahij Nuwayhid, MD, PhD  
J. Manuel de la Rosa, MD, Founding Dean
- 
- 8:00 a.m. - 9:00 a.m.**      **Health Policy Conundrum: Providing Access to High Quality Healthcare to Mothers and Children in the United States**  
Vipul N. Mankad, MD
- 
- 9:00 a.m. - 10:00 a.m.**      **Surveillance of Maternal Mortality and Severe Morbidity in the United States**  
William M. Callaghan, MD, MPH
- 
- 10:00 a.m. - 10:15 a.m.**      **Break**
- 
- 10:15 a.m. - 11:15 a.m.**      **Contribution of Elective Inductions to Maternal Morbidity and Mortality**  
Lony Christine Castro, MD
- 
- 11:15 a.m. - 12:15 p.m.**      **The Art and Science of Providing Nutrition to Very Low Birth Weight Infants**  
Mubariz Naqvi, MD
- 
- 12:15 p.m. - 1:00 p.m.**      **Lunch**
- 
- 1:00 p.m. - 2:00 p.m.**      **Post Dural Puncture Headache in an Obstetric Patient: An Old Problem-New Solutions**  
Krzysztof M. Kuczkowski, MD
- 
- 2:00 p.m. - 3:00 p.m.**      **H1N1 and Other Vaccine-Preventable Infectious Diseases in Pregnancy**  
Gary L. Simpson, MD, PhD, MPH, MS
- 
- 3:00 p.m. - 3:15 p.m.**      **Break**
- 
- 3:15 p.m. - 4:15 p.m.**      **Uterine Fibroids and Reproduction, When Do They Need To Be Removed?**  
John E. Nichols Jr., MD, FACOG
- 
- 4:15 p.m. - 5:15 p.m.**      **Underlying Causes of Maternal Mortality (Panel Discussion)**  
Lony Christine Castro, MD  
Zuber Mulla, PhD, CPH, FAAIAI  
Luis Escobedo, MD, MPH
- 
- 5:15 p.m. - 5:35 p.m.**      **Evaluation/Adjournment**
- 

*Disclosure statements have been requested from the invited speakers and will be presented at the conference.*

# PROGRAM

**SATURDAY, MAY 1, 2010**

**7:30 a.m. - 8:00 a.m. Continental Breakfast**

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**8:00 a.m. - 9:00 a.m. Midwifery in the 21st Century**  
Mary C. Brucker, CNM, PhD,

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**9:00 a.m. - 10:00 a.m. Physician-Patient Communication-  
The Need for Greater Interaction**  
Lony Christine Castro, MD

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**10:00 a.m. - 10:30 a.m. Break & Poster Review**  
Prizes for Best Abstracts

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**10:30 a.m. - 12:00 p.m. Role of Minimally Invasive Surgical Procedures in Gynecology  
(Panel Discussion)**  
Richard W. Farnam, MD  
Sonia Rebeles, MD  
Mario Nutis, MD

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**12:00 p.m. - 12:15 p.m. Evaluation/Adjournment**

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