



TTUHSC EL PASO

Texas Tech University Health Sciences Center El Paso

RESIDENT ASSISTANCE PROGRAM

Caring and Confidential

For in-person or virtual appointments call:

(915) 215 - TALK (8255)

or

(915) 215-6255

Services are provided at:

Student Support Center—MSB II

123 Rick Francis St.

El Paso, Texas 79905

What is the Resident Assistance Program (RAP)? TTUHSCPEP recognizes that personal problems can have a direct and adverse impact on an individual's educational or job performance. Confidential, on-site, and telehealth counseling services are offered to residents, fellows, and their immediate family members living in their households. The program is intended to help with a variety of personal issues, including relational, family, cognitive, emotional, and behavioral concerns.

What services are not included? Counseling for alcohol/drug abuse or addiction, legal advice and financial services

How does the program work? The participant will receive up to five (5) psychotherapy services free of charge. If further intervention is recommended by the clinician, resources will be provided. Cost of counseling or treatment beyond the five (5) RAP sessions are the responsibility of the individual.

What happens if the participant requires medication? The participant is referred to a physician on their insurance panel or to a physician in the TTUHSCPEP Department of Psychiatry, based on the participant's preference.

Are RAP services confidential? In the RAP, we respect patients' privacy. RAP records do not become part of personal records. In matters where disclosure is not required by law, confidential information will not be released without the participant's written authorization

How many sessions are participants entitled to? Total of five (5) sessions for each resident or fellow, and immediate family members under the same household per fiscal year (Sept. 1—Aug. 31)

How is the referral process done? You can refer yourself or a program director may refer you

Is there a fee for the services? Up to five (5) RAP sessions are provided per household per fiscal year at no cost to the individual

Are these services offered in other languages? Services are offered in English and Spanish