

SUBSTANCE ABUSE AND MENTAL HEALTH RESOURCES

Free Online Meetings & Virtual Platforms

- **12 Steps.org** - Listing of online 12-step meetings on various platforms. <https://www.12step.org/social/online-meeting-calendar/>
- **Al-Anon Electronic Meetings** - This forum and recovery chat room for Narcotics Anonymous members features voice chat, Skype, and text chat meetings connecting people from around the world. <https://al-anon.org/al-anon-meetings/electronic-meetings/>
- **Alcoholics Anonymous Online Intergroup** - Listing of online meetings from AA Intergroup. <http://aa-intergroup.org/directory.php>
- **Smart Recovery** - Message board, chat room, online meetings, and online library. <https://www.smartrecovery.org/community/calendar.php> <https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/>
- **Adult Children of Alcoholics** - Phone and online meetings <https://adultchildren.org/quick-search/?audiobt=Click+Here>
- **In The Rooms (Online Meetings)** - An online platform support a wide range of 12-step and non-12 step meetings <https://www.intherooms.com/home/>
- **Bridge Club Virtual Meetings** - Meetings that are specifically focused on women and LGBTQIA+ folks who are sober or interested in sobriety. <https://www.jointempest.co/bridge-club-events?tag=Virtual%20Events>

Free Online Meetings & Virtual Platforms

- **Refuge Recovery Online Meetings** - Listing of daily online meetings <https://refugerecovery.org/meetings?tsml-day=any&tsml-region=online-english>
- **Families Anonymous Virtual Meetings** - Online meetings for parents, grandparents, siblings, spouses, significant others, other family members and friends of those with a current, suspected or former drug problem. <https://www.familiesanonymous.org/meetings/virtual-meetings>
- **Life Ring Recovery** - Listing of online meetings. <https://www.lifering.org/online-meetings>
- **The Temper** - An online publication/site that explores life through the lens of sobriety, addiction, and recovery. Includes links to resources <https://www.thetemper.com/online-recovery-meetings-groups/>
- **My Recovery** - Online 12-step meetings <https://www.myrecovery.com/online-meeting/>
- **Sober Grid** - A free online social networking platform for people in recovery. Available in mobile app stores <https://www.sobergrid.com>
- **Narcotics Anonymous** - Listing of online meetings provided by NA. <https://www.na.org/meetingsearch/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA's National Helpline, [1-800-662-HELP \(4357\)](tel:1-800-662-HELP), (also known as the Treatment Referral Routing Service) or TTY: [1-800-487-4889](tel:1-800-487-4889) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. <https://www.samhsa.gov/find-help/national-helpline>

The Substance Abuse and Mental Health Services Administration (SAMHSA) collects information on thousands of **state-licensed providers** who specialize in treating substance use disorders, addiction, and mental illness. Put in your zip code and find a provider in your area. <https://www.findtreatment.gov/>

Virtual Recovery Resources - <https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf>

Snapshot of El Paso Meetings

El Paso District 10

24 hour Help line in English 915-562-4081

Ayuda en espa ol 915-351-1141 o 915-838-6264
para Horarios en espa ol - Oprime Aqu 

[English Schedule Inside page for Printing](#)

[English Schedule Outside page for Printing](#)

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Types of Meetings

O		C			TCM		
Open Meetings are for anyone interested in the topics of alcoholism or drinking problems		Closed Meetings are for alcoholics or anyone with a desire to stop drinking			Attendance at Treatment Center Meetings is determined by the facilities where they are held		
D	BB	S	SS	M	W	ABSI	NS
Discussion Topic Meetings	Big Book Study Meetings	Speaker Meetings	12 Step Study Meetings	Men Only, Please	Women Only, Please	As Bill Sees It	Non Smoking

Everyday

Northeast	06:30 am	Day Breakers	O, D	Northeast Fellowship - 4922 Hondo Pass, Ste E	915-757-3327
West	06:45 am	Early Birds	C, D	Gratitude West - 225 Derby, Sunland Park, NM	575-589-1058
Central	06:45 am	Miracle Circle	O, D	Arid Club - 3327 Douglas Ave.	915-562-4295
West	07:00 am	Daily Reprieve	O, BB	5750 Doniphan Dr - St Francis Assisi	
Northeast	12:00 pm	Brown Bag	O, D	Northeast Fellowship - 4922 Hondo Pass, Ste E	915-757-3327
East	05:30 pm	Happy Hour 1	O, D	Alano Club - 2200 N Yarborough Dr Ste 13	915-595-9940
Central	05:30 pm	Twilight	O, D	Arid Club - 3327 Douglas Ave.	915-562-4295

Sunday

Central	08:30 am	Alta Vista Men's Stag	C, M	Bowling Family Recovery Ctr. 3501 Hueco St.	915-775-0505
East	09:30 am	Sober Sabbath Stag	C, M	Alano Club - 2200 N Yarborough Dr Ste 13	915-595-9940
West	10:00 am	Never on Sunday	C, D	Gratitude West - 225 Derby, Sunland Park, NM	575-589-1058
Central	11:00 am	Roadrunners	O, D	Arid Club - 3327 Douglas Ave.	915-562-4295
East	12:00 pm	Grouch Group	O, D	Alano Club - 2200 N Yarborough Dr Ste 13	915-595-9940
Central	01:00 pm	A Brand New Day	O, W	Bowling Family Recovery Ctr. 3501 Hueco St.	915-775-0505