



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER,
EL PASO

Office of Faculty Affairs
Faculty Wellness Program

Faculty Wellness Matters

Thursday, December 10, 2020
Noon – 1 P.M.
Webex Event
Lunch will be provided

This session will provide:

- Discussion of the top health and well-being issues of interest to PLFSOM faculty
- A snapshot of the Faculty Wellness Program Strategic Plan
- An overview of the Faculty Wellness Assessment and how the data will be used to drive decisions

Click "[here](#)" to
register and
select your
lunch option



David Briones, MD

Director
Faculty Wellness Program
Professor of Psychiatry



**Audrey Sienkiewicz
MPH, M.S.E.T**

Associate Director
Faculty Wellness Program



**Christabelle
Guzman**

Coordinator
Faculty Wellness Program

Lunch will be available for pick-up by faculty members at MEB lobby, AEC lobby, Kenworthy: Chair's Conference Room #143. Advance registration required. Faculty members will eat lunch and connect to Webex in their individual offices to preserve social distancing.

For more information, contact the **Faculty Wellness Program** at Christabelle.Guzman@ttuhsc.edu