



The Office of International Affairs
presents

Global Health Lecture Series

Spring 2011 Lecture Series Dates

Every 1st and 3rd Wednesday
ACB 120

- January 19
- February 02
- February 16* (ACB 150)
- March 02
- March 16
- April 05 (ACB 100)
- April 06
- April 13
- April 20
- May 04

Amarillo room 4720
Odessa room 2C91
El Paso (11:00 am MT) room 235

**Free lunch provided to the
first 35 attendees!**
(Lubbock campus only)

For more information about the Global
Health Lecture Series please contact the
Office of International Affairs at
743-2900 or cima@ttuhsc.edu.

Persons needing assistance are
requested to call 806-743-2900 or
e-mail CIMA@ttuhsc.edu



featuring

Pauline Mills, CLC, ICCE, CD(DONA)
University Medical Center

The Benefits of a Birth Doula

Wednesday, April 6, 2011

12:00 noon, CST (11:00 a.m. MT)

TTUHSC Academic Classroom Building 120*

Doulas are specially trained professionals who help women and their families during the labor and birth process. A Doula gives one-on-one support to women in labor by providing non-medical physical, emotional, and informational support before, during, and just after birth. The continuous support provided by the Doula results in shorter labor, less need for pain medication, fewer complications, and babies who are healthier and breastfeed more easily.

In this presentation, Pauline Mills will discuss the role of the Doula in today's healthcare system. Her presentation will include a 15 minute video followed by information about Doula training programs, how a Doula's services are utilized by hospitals, and the advantages of Doula services in women's healthcare.

Please RSVP for a meal if you plan to attend!
RSVP to cima@ttuhsc.edu