

Sports Medicine for the Primary Care Practitioner

SPORTS
KNEE
ATHLETES
PERFORMANCE
MEDICINE
INJURY
PLAY
ERGOGENIC
MANAGEMENT
CONCUSSIONS
DIEET
PRIMARY
TREATMENT
CARE



Sponsored by the Department of Family and Community Medicine and the Office of Continuing Medical Education at Texas Tech University Health Sciences Center, Paul L. Foster School of Medicine

Saturday, October 13, 2012

TTUHSC Paul L. Foster School of Medicine
Medical Education Building
El Paso, Texas

CONFERENCE SCHEDULE

SATURDAY, OCTOBER 13, 2012

7:30 am - 7:50 am

Breakfast and Registration

7:50 am - 8:00 am

Welcome and Opening Remarks

Justin M. Wright, MD

8:00 am - 9:00 am

Pre - participation Physical Exam

Angel Garcia - Vega, MD

9:00 am - 10:00 am

Medical Concerns in Athletes

Justin M. Wright, MD

10:00 am - 10:15 am

Break

10:15 am - 11:15 am

Concussion Management

Arthur A. Islas, MD and Anthony Salvatore, PhD

11:15 am - 12:15 pm

Ergogenic Aids in Athletes

Arthur A. Islas, MD

12:15 pm - 12:30 pm

Conference Evaluation and Adjournment

Justin M. Wright, MD

12:30 pm - 1:30 pm

Lunch

CONFERENCE OVERVIEW AND TARGET AUDIENCE

This conference, designed for internists, family and general practice, emergency medicine, and pediatric physicians, athletic trainers, physical therapists and other interested healthcare practitioners, will provide an update in the care of the athlete.

OBJECTIVES

Following the conference, the participant should be able to:

- *Perform a pre-participation exam using the Pre-participation Evaluation Monograph 4th Edition
- *Diagnose and manage common medical conditions in athletes, including decisions for returning to play
- *Correctly identify and treat concussions using updated guidelines
- *Recognize the most common legal and illegal ergogenic aids; and apply ethical and legal considerations when working with athletes who ask for medications, supplements, or equipment that give an advantage in a sport

CME ACCREDITATION AND DESIGNATION

Texas Tech University Health Sciences Center is accredited by the Accreditation Council for Continuing medical education for physicians.

Texas Tech University Health Sciences Center designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and Professional Responsibility Credit
This activity provides .25 CME credit towards the annual requirement of the Texas Medical Board for continuing medical education credit in medical ethics and professional responsibility.

PHYSICAL THERAPY ACCREDITATION

This conference is pending approval by the Texas Board of Physical Therapy Examiners as meeting continuing education requirements for PT's and PTA's for 4 CEU's.

ATHLETIC TRAINERS ACCREDITATION

Sun City Athletic Trainers Association is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. This conference is pending approval by the Sun City Athletic Trainers Association as meeting continuing education requirements for 4 CEU's.

FACULTY

Angel Garcia-Vega, MD, CAQ- Sports Medicine
Resident Instructor

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TTUHSC Paul L. Foster School of Medicine
El Paso, Texas

Arthur A. Islas, MD, MPH, FAWM, CAQ-Sports Medicine
Director of the Sports Medicine Fellowship

Department of Family and Community Medicine
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Anthony Salvatore, PhD, CCC-SLP, Board Certified –ANCDS
Chair and Professor

Department of Rehabilitation Sciences
University of Texas at El Paso, College of Health Sciences
El Paso, Texas

Justin M. Wright, MD, CAQ- Sports Medicine
Assistant Director of the Sports Medicine Fellowship

Department of Family and Community Medicine
TTUHSC Paul L. Foster School of Medicine
El Paso, Texas

PLANNING COMMITTEE

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El Paso, Texas

CONFERENCE INFORMATION

If you have any questions regarding this conference, send an e-mail to Cynthia Ogaz at:

cynthia.ogaz@ttuhsc.edu or by telephone at (915) 783-6204.

Copies of this brochure may be printed from the CME web site at www.ttuhsc.edu/cme. Texas Tech University Health Sciences Center reserves the right to cancel this conference or make speaker substitutions in the event of unforeseen extenuating circumstances.

In an effort to conserve resources no printed materials will be available. Prior to the conference, you will receive an email with a link to conference materials for downloading or printing.

Conference dress is casual and each attendee is encouraged to bring a sweater or jacket for comfort during the meeting.

Persons with disabilities who need auxiliary aids or services must submit a written request to Ms. Ogaz at the e-mail address listed above, so that appropriate arrangements can be made.

CONFERENCE LOCATION

TTUHSC Paul L. Foster School of Medicine
Medical Education Building
L. Frederick and Ginger Francis Auditorium 1200
El Paso, Texas

Parking is available at conference site.

REGISTRATION

The registration fee for the Sport Medicine Update includes breakfast and lunch. Submit the registration form by one of the following methods: fax to 915-783-6220; e-mail to martha.quezada@ttuhsc.edu; or mail to 4800 Alberta Avenue, El Paso, TX 79905

Registration at the door will be assessed a \$20.00 late fee.

All cancellations must be made in writing and received on or before October 10, 2012—a \$20.00 processing fee will be charged. No refunds will be made after October 11, 2012

Last Name _____ First Name _____ MI _____
Highest Degree _____ Specialty Title _____
Telephone _____ E-mail Address _____
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City/State/Zip Code _____

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- | | |
|---|---|
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| <input type="checkbox"/> OTHER \$25.00 | |

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