

**Texas Tech University HSC-El Paso  
Patient Education Documentation Form  
Coumadin-New Patient Visit**

Instruction	Comments/Literature Given	Patient States/Demonstrates Understanding
1. What is Coumadin and how does it work		
2. How much to take and when to take it		
3. When to have blood test (PT/INR)		
4. What factors may change test Results: illness, diet, other meds, change in physical activity		
5. Possible side effects: most common is bleeding/bruising		
6. Look out for: headaches, dizziness, Weakness, nosebleeds, bleeding gums, bruising, red/black stools, dark brown urine, unusual pain or swelling		
7. Importance of keeping appointments as scheduled		
8. Importance of keeping compliant with medication and diet		
9. Review foods high in Vitamin K		
10. Coumadin booklet given to pt		
11. Coumadin video viewed by pt		

**Educator's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Comments:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

By signing, I indicate that the above has been explained to me and I understand this information.

Patient's Signature: \_\_\_\_\_

Translated to Spanish by Educator: \_\_\_\_\_