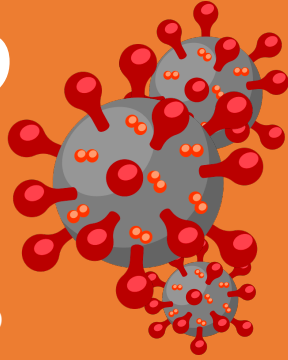


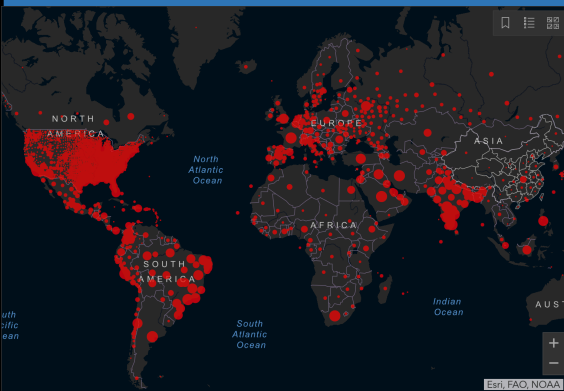
# COVID-19 Overview

## COVID-19 CORONA VIRUS DISEASE 2019



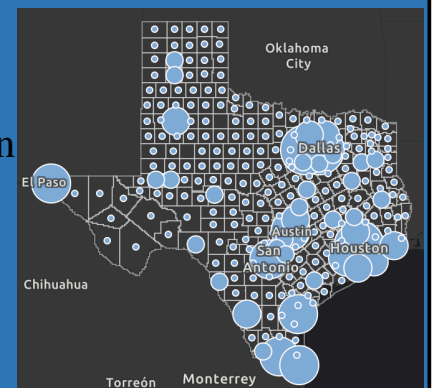
**SARS-CoV-2** is the virus which causes the disease COVID-19. It is a new viral strain that leads to a respiratory illness characterized by fever, cough, and shortness of breath. The World Health Organization (WHO) declared COVID-19 a pandemic on March 11, 2020.

## HOW MANY PEOPLE HAVE IT?



JOHN HOPKINS Coronavirus Resource Center

**Confirmed Cases**  
**Globally:** Over 25 million  
**USA:** Over 6 million  
**Texas:** Over 617,000  
**El Paso:** Over 20,000



TX Department of State Health Services

REPORTED NUMBERS FROM SEPTEMBER 1, 2020

## HOW DOES IT SPREAD?



SARS-CoV-2 spreads mainly through close contact from **person to person**. The virus can be transmitted from respiratory droplets when a person sneezes, coughs, or speaks. It can also spread if a person touches a surface with the virus and then touches their eyes, nose, or mouth.

## WHAT HAPPENS IF YOU ARE INFECTED?

Symptoms usually appear **2-14 days** after being exposed to the virus. Common symptoms are fever, cough, and shortness of breath but not limited to nasal congestion, fatigue, loss of taste and smell, and sore throat. Please notify your health provider if you have any symptoms or questions.

For a more comprehensive list of symptoms, please visit <https://www.cdc.gov/coronavirus/2019-nCoV/symptoms-testing/symptoms.html>



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<https://elpaso.ttuhsu.edu/elpaso/coronavirus/>

# COVID-19 Overview

## WHO'S AT RISK?

- Elderly (>65 years old)
- Immunocompromised or immunodeficient individuals
- Underlying Conditions:
  - Chronic Lung Conditions
  - Chronic Kidney Disease
  - Cardiovascular disease
  - Obesity
  - Diabetes
  - High Blood Pressure

## WHEN SHOULD YOU GET TESTED FOR COVID-19?

It is recommended to get tested when the following occurs:

- Been in close-contact with someone who is COVID-19 positive
- Travelled internationally
- Develop symptoms of COVID-19

Visit <http://epstrong.org/testing.php> for testing sites in El Paso, TX

## HOW DO I PROTECT MYSELF FROM SARS-CoV-2?



**NO HANDSHAKES  
OR HUGS**



**KEEP YOUR  
DISTANCE (6ft)**



**WEAR MASKS**



**AVOID CROWDS**



**WASH  
YOUR HANDS**



**STAY AT HOME**

### **Social Distancing**

Maintain a 6 feet distance between yourself and others

### **Wash Hands**

For at least 20 seconds frequently and consistently

### **Wear Masks**

To protect yourself and others

## TREATMENT

There is no specific antiviral treatment recommended for COVID-19. Treatment for COVID-19 positive patients is supportive. No vaccine is available as of now, but research for its development is ongoing.



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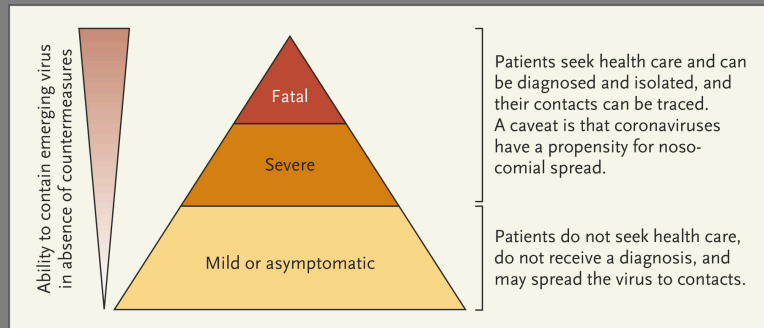
<https://elpaso.ttuhscc.edu/elpaso/coronavirus/>

# COVID-19 Overview

## FREQUENTLY ASKED QUESTIONS (FAQS)

### Does everyone get symptoms?

No. Currently, 80% of individuals are asymptomatic or have mild symptoms, 15% have a severe infection, and 5% have critical infections requiring ventilation.



Munster VJ et al, NEJM 2020

### Why must I wear a mask when I'm in public?

It is important that you wear a mask to protect not only yourself, but also others. 80% of individuals have mild symptoms or are asymptomatic. Thus, some individuals may be infected with the virus and can unknowingly transmit the virus unto others. Wearing masks will help reduce the spread of your own respiratory droplets and protect you from another's respiratory droplets.

### Where can I get COVID-19 testing in El Paso, TX?

#### Clint ISD Testing

Call (915) 926-4070 from 8-4pm to make an appointment  
Location: Frank Macias Elementary

#### Drive Thru Testing

Call (915) 212-0783 to make an appointment  
Mon-Sat 7am-5pm

#### Anthony & Canutillo ISD Testing

Call (915) 877-7620 to make an appointment for 9-12pm and 1-4pm on Mon, Wed, Thurs and 8-11am on Tues.

Location: Alderete Middle School

## HOTLINES

Information on COVID-19: (915) 212-6843; 311



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