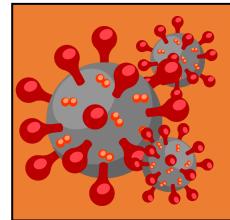
COVID-19 Overview



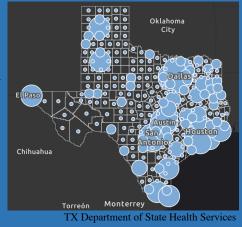
WHAT IS COVID-19?

SARS-CoV-2 is the virus which causes the disease COVID-19. It is a new viral strain that leads to a respiratory illness characterized by fever, cough, and shortness of breath. The first cases originated from Wuhan, China in Nov. 2019 and is now currently found in over 200 countries worldwide. The World Health Organization (WHO) declared COVID-19 a pandemic on March 11, 2020.

HOW MANY PEOPLE HAVE IT?



<u>Confirmed Cases</u> Globally: Over 12 million USA: Over 3 million Texas: Over 200,000 El Paso: Over 8,000



REPORTED NUMBERS FROM JULY 9, 2020

HOW DOES IT SPREAD?

SARS-CoV-2 spreads mainly through close contact from **person to person**. The virus can be transmitted from respiratory droplets when a person sneezes, coughs, or speaks. It can also spread if a person touches a surface with the virus and then touches their eyes, nose, or mouth.

WHAT HAPPENS IF YOU ARE INFECTED?

Symptoms usually appear **2-14 days** after being exposed to the virus. Common symptoms are fever, cough, and shortness of breath but not limited to nasal congestion, fatigue, loss of taste and smell, and sore throat. Please notify your health provider if you have any symptoms or questions.

For a more comprehensive list of symptoms, please visit https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html



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https://elpaso.ttuhsc.edu/elpaso/coronavirus/

COVID-19 Overview

WHO'S AT RISK?

- Elderly (>65 years old)
- Immunocompromised or immunodeficient individuals
- Underlying Conditions:
 - Chronic Lung Conditions
 - Chronic Kidney Disease
 - Cardiovascular disease
 - Obesity
 - Diabetes
 - High Blood Pressure

WHEN SHOULD YOU GET TESTED FOR COVID-19?

It is recommended to get tested when the following occurs:

- Been in close-contact with someone who is COVID-19 positive
- Travelled internationally
- Develop symptoms of COVID-19

Visit http://epstrong.org/testing.php for testing sites in El Paso, TX

HOW DO I PROTECT MYSELF FROM SARS-CoV-2?













NO HANDSHAKES OR HUGS

KEEP YOUR DISTANCE (6ft)

WEAR MASKS

AVOID CROWDS

WASH YOUR HANDS

STAY AT HOME

Social Distancing

Maintain a 6 feet distance between yourself and others Wash Hands

For at least 20 seconds frequently and consistently

Wear Masks

To protect yourself and others

TREATMENT

There is no specific antiviral treatment recommended for COVID-19. Treatment for COVID-19 positive patients is supportive. No vaccine is available as of now, but research for its development is ongoing.



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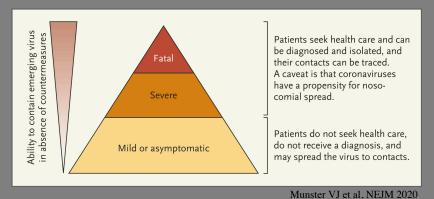
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COVID-19 Overview

FREQUENTLY ASKED QUESTIONS (FAQS)

Does everyone get symptoms?

No. Currently, 80% of individuals are asymptomatic or have mild symptoms, 15% have a severe infection, and 5% have critical infections requiring ventilation.



Why must I wear a mask when I'm in public?

It is important that you wear a mask to protect not only yourself, but also others. 80% of individuals have mild symptoms or are asymptomatic. Thus, some individuals may be infected with the virus and can unknowingly transmit the virus unto others. Wearing masks will help reduce the spread of your own respiratory droplets and protect you from another's respiratory droplets.

Where can I get COVID-19 testing in El Paso, TX?

Clint ISD Testing Call (915) 926-4070 from 8-4pm to make an appointment Dates: July 10, 13, 15, 17 Time: 7:30-10am Location: Frank Macias Elementary

Drive Thru Testing Call (915) 212-0783 to make an appointment Mon-Sat 7am-5pm

Anthony & Canutillo ISD Testing Call (915) 877-7620 to make an appointment for 9-12pm and 1-4pm on Mon, Wed, Thurs and 8-11am on Tues. Date: July 14 Time: 7:30-11:30am Location: Alderete Middle School

HOTLINES

Information on COVID-19: (915) 212-6843



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